

How to Talk to Kids About Vaping

BEFORE THE TALK

- Know the facts: [HC3Partnership.org/get-help/tobaccovaping](https://www.hc3partnership.org/get-help/tobaccovaping).
- Be patient and ready to listen.
- Set a positive example by being tobacco-free.



START THE CONVERSATION

- Find the right moment.
- Ask for support from trusted professionals.
- Talk about what to do if another kid offers them an e-cigarette.

ANSWER THEIR QUESTIONS

Some questions you can expect:

- Why don't you want me to vape?
- What's the big deal anyway?
- Isn't vaping safer than smoking cigarettes?
- Vaping is only water vapor and flavoring, why are you so worried?

KEEP THE CONVERSATION GOING

- Connect and encourage your youth to remain vape-free
- Continue sharing facts and resources.

Is your child vaping but ready to quit? mylifemyquit.com

Commonly Seen In Fulton County:

Mr. Vapor Products

